

Workshops Available for Fall 2019

Workshop Registration To Open 7/22/2019

MONDAY WORKSHOPS:

Workshop Title: Ici on parle francais

Workshop Description: This course is for those who have a basic knowledge of French. The stress is on conversation. We will continue to expand our vocabulary and learn new structures through a variety of listening and speaking activities. The course is organized around topics with related cultural material. Alors, venez, apprenez et amusez-vous bien!

Workshop Leader: Catherine McDonnell

Day: Monday

Time: 8:30AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Understanding Electronics

Workshop Description: This description will be published in the course catalog and online. Text should not exceed 75 words. All workshops need a description so members can get a sense of the workshop prior to registering.

Workshop Leader: Richard Bova

Day: Monday

Time: 8:30 AM- 9:45 AM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Current Events in Israel.

Workshop Description: "Israel, the only Jewish country in the world is always in the news. With a population of approx 6 million Jews and almost two million Arabs, it is the only democracy in the Middle East. Founded in 1948 it had to defend itself from hostile neighboring Arab states again and again. Even today Iran is threatening Israel with total annihilation. Hamas from Gaza and Hezbollah from Lebanon are terrorist organizations dedicated to the destruction of Israel. Despite the enormous burden of security Israel is doing well economically and has the highest GNP of all non-oil producing countries in the area. News from Israel comes at a dizzying frequency. There is always something new and exciting to discuss."

Workshop Leader: Rafi (Robert) Weiss.

Day: Monday

Time: 8:30AM- 9:45 AM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Nature Photography:

Workshop Description: This workshop gives information to photographers of all the opportunities there are on the many Long Island nature preserves. Covered will be composition, shared favorite subjects, places to hike and kayak and the special opportunities for capture in different environments. For nature lovers, it will provide information on places to clean out the cobwebs from

today's tumultuous world. All levels of photography expertise are welcome as well as all kinds of cameras.

Workshop Leaders: Susan & Robert Steinmann

Day: Monday

Time: 8:30AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: The Classic Hundred Poems

Workshop Description: "The title speaks for itself and for the text, second edition, edited by William Harmon. This anthology is one of the best I've ever met. The abundance of pertinent information included with each poem provides a new take on the traditional. Each session will also provide a discussion of a modern poem selected for its potential appeal.

Workshop Leader: Daniel Daly

Day: Monday

Time: 10:15 AM -11:30 AM

Location: Student Activities Center, Room 306

Workshop Title: Italian for Fun

Workshop Description: This semester will continue to explore the Italian language and culture. Utilizing previous lessons, we will focus on active conversational Italian through the use of current events and cultural topics. Relevant vocabulary and grammar will be presented in a "flip lesson" format to encourage student participation.

Workshop Leader: Judy Donofrio

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: La France D'Aujourd'hui

Workshop Description: This workshop is geared to the intermediate level, to give French language learners additional practice in listening and speaking. We will feature French language movies and novels which we will use as the basis for discussion and vocabulary enrichment. We will occasionally include short grammar reviews. We try to speak French most of the time. Your spoken French does NOT have to be perfect: all that's necessary is a willingness to try in a very friendly and relaxing atmosphere!

Workshop Leader: Tasha Greenberg

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N114b

Workshop Title: A Musical Journey of Iconic Artists

Workshop Description: This workshop will highlight the lives, music and careers of: Frank Sinatra, Elvis Presley, The Bee Gees, and other artists. you tube videos will be utilized, along with biographical and career highlights. the goal of our workshop is to provide an informative and enjoyable musical experience.

Workshop Leader: Gary Field

Day: Monday

Time: 10:15AM- 11:30 AM

Location: Wang Lecture Hall, Room 1

Workshop Title: Conversational French

Workshop Description: This course is for those who speak the language fairly well and would like the opportunity to expand their vocabulary even more, learn the finer points of grammar, and explore the culture of France. The course will be conducted in French. There will be a variety of oral activities as well as reading selections from French newspapers, journals and literature. Class members will compose dialogues with partners on assigned situations and then present them to the rest of the class. Venez, apprenez, et amusez-vous bien!

Workshop Leader: Catherine McDonnell

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S109.

Workshop Title: Exploring the Sub-Atom

Workshop Description: The 20th century has witnessed a remarkable advancement in the understanding of the physical nature of the world within the atom. In this course we, will be following the trajectory of discoveries which has led to our current understanding, beginning with the discovery of radioactivity in 1896 and culminating with the celebrated discovery of the Higgs boson in 2012.

Workshop Leader: Harold Kirk

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: History of the Holocaust

Workshop Description: The Holocaust was the premeditated genocide of the Jews by Nazi Germany. It took place throughout Europe between 1933 when the Nazis first came to power and April of 1945 when Germany surrendered at the end of WW2. Approximately 6 Million Jews, 25% of them children, were murdered in cold blood for no reason other than born Jewish. Even part Jews were murdered based on the racial criteria of the Nuremberg Laws of 1935. No other nation in the annals of history has ever been subjected to state ordered massive industrialized slaughter. Our lecture series will follow the timeline of these events and explore the mindset of the Nazis on one hand and the helplessness of the Jews in contrast. Madness of this scale is possible again and it behooves every one, Jew or not to know this painful chapter in history and to make sure it never happens again.

Workshop Leader: Robert Weiss

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Marxist Dreams

Workshop Description: Marxist theory grew out of Karl Marx's humanitarian concern. Although this course will not shy away from discussing Marx's revolutionary ideas, its primary focus will be his early works that are concerned with his notions of the good life, alienation and the role of religion.

Workshop Leader: Joseph Hyler

Day: Monday

Time: 10:15AM - 11:30 AM

Location: Student Activities Center, Room 302

Workshop Title: ON1 2019 Monday

Workshop Description: In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw 2019. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the first term of a two-semester workshop and will start at the basics with attendees utilizing desktop computers for hands-on experience from 11:45 to 1:30PM.

Workshop Leader: Robert Oliva

Day: Monday

Time: 11:45 AM - 1:30 PM

Location: Social & Behavioral Sciences Building, Room N123

Workshop Title: Be Your Own Healthcare Advocate

Workshop Description: Knowledge is power. Understand and empower yourself to make informed healthcare decisions for yourself and loved ones. A variety of healthcare professionals will present comprehensible subject matter on topics that you may have questions about. Interactive exchanges between speaker and audience, or among members of the audience is encouraged to enhance understanding of the subject. Topics will include: Medical terminology- understanding your prescriptions and reports, staying safe in the hospital, what happens in the OR, PT for seniors, Cancer care/chemotherapy, Organ transplant, Death and dying.

Workshop Leader: Maryanne Bezyack

Day: Monday

Time: 12:00PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: History through Literature

Workshop Description: Participants discuss 5 historical fiction books. We aim to choose novels covering diverse culture and historical eras. We will focus on 5 works which may include: "The Killers for Flower Moon", "the Nightingale", " The Coffee Traders", " The Cloister", "The weight of Ink", and " The Alice Network".

Workshop Leader: Donna Gardner

Day: Monday

Time: 12:00PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Latin without limits!

Workshop Description: This workshop is a continuation of previous workshops, but each session will be structured to render the material accessible to a beginner who has just a very basic background in the language. All the vocabulary necessary for each unit will be supplied and grammatical structures will be explained without assuming previous expertise. We will continue to highlight Latin's appearance in English as well as the Romans' influence on Western culture and literature.

Workshop Leader: Thomas Hayes

Day: Monday

Time: 12:00PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: Mysteries of Human Evolution

Workshop Description: This adventure of the mind will be focused on the what and why of human evolution from a scientific perspective. Explained will be the reasons we look, think, and behave the

way we do from an evolutionary perspective. Will also cover the principles and rules that drive evolution and examine popular questions such as: Why we walk upright; why our brains became so large; and why we lost our body hair. Other mysteries to be explained include why women have higher voices than men and why we like music.

Workshop Leader: Larry Wilson

Day: Monday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: New and Improved

Workshop Description: This workshop is like the old one, but like the title says, it's new and improved. The pointless things that happened in the old workshop will be reduced by 25% ...maybe less. Anyway, education and all that fancy knowledge stuff is overrated. This workshop is particularly suited.

Workshop Leader: Bruce Stasiuk

Day: Monday

Time: 12:00PM - 1:15 PM

Location: Student Activities Center, Room 302

Workshop Title: Opera Opera Opera

Workshop Description: Using videos of performances from opera houses from all over the world, we will look at ways to better understand and enjoy this art form. Both familiar and infrequently performed opera will be used.

Workshop Leader: David L Gable

Day: Monday

Time: 12:00 PM - 1:15 PM

Location: Wang Lecture Hall, Room 1

Workshop Title: Photography Before Photoshop, Part I

Workshop Description: A basic course in the fundamentals of photography including understanding basic camera operations, exposure controls, lighting, color, and other techniques. The purpose of the course is to understand how the new digital, "auto everything" cameras function so that the photographer can exercise control over the final project. The course will include topics that cover all types of modern photography, including the use of smart phones, "point and shoot" cameras, as well as more professional equipment, such as SLR's and other cameras with manual controls.

Workshop Leader: Frank De Rubeis

Day: Monday

Time: 12:00PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: American Plays

Workshop Description: We will read, discuss and watch videos related to three great American plays.

Workshop Leader: Irma Gurman

Day: Monday

Time: 1:45PM -3:00 PM

Location: Student Activities Center, Room 306

Workshop Title: New York Times Science Seminar

Workshop Description: This is a collaborative workshop where members take turns each week leading the discussions. Our guide is the New York Times Science section published on Tuesday. The leaders introduce an article by summarizing it and discuss why it is important. We also share and discuss other important articles from other sources.

Workshop Leader: Bonnie Marks

Day: Monday

Time: 1:45PM - 3:00 PM

Location: Student Activities Center, Room 302

Workshop Title: On Being Human

Workshop Description: Recent work in both science and philosophy has added to our understanding of human nature. This workshop will draw on some of that work to clarify our understanding of human consciousness, our sense of values, and our cultural heritage. Reference will be made to the scientific work of Antonio Damasio, and the philosophic writings of Irwin Thompson and Charles Taylor among others. Source material will be provided in advance of class, and time for discussion will be scheduled.

Workshop Leader: David Tarbell

Day: Monday

Time: 1:45PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: Rock 'n' Roll Before the Beatles

Workshop Description: "This workshop will provide an entertaining and informative exploration of the factors that both promoted and hindered the development of rock and roll. Topics discussed will include the influence of R&B music; social, religious, and municipal condemnation; cover songs; cross-over groups; the roots of doo wop; song lyrics that portended future social issues; payola; the DJ's. Videos, recordings, pop culture excerpts, and lyrics will form the basis for discussion."

Workshop Leader: Robert Sarli

Day: Monday

Time: 1:45 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: The Four Foremothers

Workshop Description: The Hebrew Bible, edited at the end of the First Century of the Common Era, was the product of a patriarchal society and was probably written by men. Although the Four Matriarchs are sometimes overshadowed by the Three Patriarchs— Abraham, Isaac, and Jacob— each one is a fascinating person and has her own distinctive story. We will be reading from and discussing the Biblical account of their lives, ancient legends, and modern interpretations.

Workshop Leader: Stephen Karol

Day: Monday

Time: 1:45 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: Topics in British History

Workshop Description: Using videos to introduce various topics in British history, we then spend time discussing the importance of the event. Recent topics have included Stonehenge, the marriages of Henry VIII, and Brexit.

Workshop Leader: David L Gable

Day: Monday
Time: 1:45 PM - 3:00 PM
Location: Wang Lecture Hall 1

Workshop Title: Vergil's Aeneid

Workshop Description: Vergil's Aeneid. Swashbuckling battles, ghosts and portents, familial devotion, fatal love, Vergil's repurposing of the Homeric epics has it all. This foundation story of Rome became the bible of the empire. Reading carefully, we will enjoy the story-telling skill and poetic artistry of the author while debating the work's social, political, and moral messages, and influence on later Western literary works. Vergil asks questions as relevant today as they were in 20 BCE.

Workshop Leader: Thomas Hayes

Day: Monday

Time: 1:45 PM- 3:00 PM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: Forensic History

Workshop Description: Modern history is filled with terrible crimes, baffling hoaxes and seedy scandals. Step into the world of forensic science and study the most fascinating historical crimes and mysteries. We will use DVD's from The Great Courses discussing the gas-lit streets of Victorian London to the mountains of Puerto Rico. Learn how cutting-edge advancements in science and technology are applied to investigations and how to evaluate evidence like a forensic scientist.

Workshop Leader: Ed Cohen

Day: Monday

Time: 3:30 PM- 4:45 PM

Location: Social & Behavioral Sciences Building, Room N119

TUESDAY WORKSHOPS:

Workshop Title: Duplicate Bridge

Workshop Description: We will continue to focus on bidding, play-of-the-hand, and defense. Everyone is expected to play the 2/1 system (including 1NT forcing) along with the various conventions that have been covered in previous semesters. Meetings are held at the Neighborhood House in Setauket.

Workshop Leader: Arnold Fox

Day: Tuesday

Time: 1:00 PM - 4:00 PM

Location: Setauket Neighborhood House

Workshop Title: Beginning Bridge Continuation

Workshop Description: The class will finish learning about competitive auctions and start learning basic conventions such as Stayman and Jacoby Transfers, slam bidding and strong (2 club) openings.

Workshop Leader: Linda Good

Day: Tuesday

Time: 1:00 PM - 4:00 PM

Location: TBD

WEDNESDAY WORKSHOPS:

Workshop Title: Feminist Interpretation of the Bible

Workshop Description: "Guided by a leading New Testament scholar we will explore the Bible (both Old and New Testaments) through the lens of feminism. through the lens of feminism. "

Workshop Leader: Marianne Mione

Day: Wednesday

Time: 8:30 AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Food, Science, and the Human Body Part II

Workshop Description: Human evolution and the rise of civilization is intimately linked to the evolution of our diet. We are the only animals that cook, and this discovery has helped make us human. In this Great Courses video series in association with National Geographic, Prof. Alyssa Crittenden provides insights into both food history and the science of nutrition to explain why we eat what we eat. In Part II we will begin with the story of bread and end with a discussion of food as medicine. Each DVD lesson is 30 minutes long which leaves plenty of time for member participation.

Workshop Leader: Peter Akras

Day: Wednesday

Time: 8:30 AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Tai Chi

Workshop Description: Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week, 60-minute sessions, for 8 weeks. This session meets from 9:00 a.m. - 10:00 a.m. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Workshop Leader: Kristi Ladowski

Day: Wednesday & Friday

Time: 9:00 AM - 10:00 AM

Location: TBD

Workshop Title: Genealogy for Beginners

Workshop Description: Begin tracing your family tree using proper genealogical techniques in this hands-on class. Discover useful websites and learn ways to organize your findings. Find new relatives as well as skeletons in your family's closet. Break through brick walls and learn about serendipity. Basic computer skills and familiarity with the internet is required.

Workshop Leader: Karen Jaffe

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N123

Workshop Title: Poetry Out Loud

Workshop Description: We will continue to explore the beauty and power of poetry through the discussion of poems presented by members of the workshop. This collaborative effort encourages participants to introduce their favorite poets, poems and any poetry-related material to the group.

Workshop Leader: Florence Mondry

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: Shakespeare's Greatest Hits!

Workshop Description: If you never quite understood Shakespeare in school, or if you did, but never understand what all the fuss was about, or even if you love Shakespeare and often go to see his plays, you'll like this course. We will focus on the greatest plays, from Romeo and Juliet to King Lear with some Comedies and Histories along the way. Participants will not be expected to read the plays, though a digital copy of the plays will be supplied. I will also suggest available videos. Each week we will look at what's going on in the play and examine key scenes and speeches through video examples.

Workshop Leader: Michael & Fran LoMonico

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Magic for Grandparents

Workshop Description: Everyone loves magic. In this beginner workshop, you will learn the essential skills needed to perform magic to entertain your friends, family and especially kids. Each week one or more tricks will be taught that exploit various magic techniques including sleight of hand, psychology, misdirection, and gimmicks. You will learn magic with rope, cards, money, and other ordinary objects. Participants will be required to supply their own inexpensive props such as playing cards, sponge balls, paddles, etc.

Workshop Leader: Mike Maione

Day: Wednesday

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N114a

Workshop Title: Am I My Father's Son?

Workshop Description: The objective of this workshop is to share experiences and feelings on topics that generally affect men. Members take turns in choosing topics for discussion and all are encouraged to participate and be supportive in a non-judgmental manner. This workshop is designed explicitly for men, but as with all OLLI workshops, it is open to all members.

Workshop Leader: Peter Akras

Day: Wednesday

Time: 10:15 AM-11:30 AM

Location: Social & Behavioral Sciences Building, Room N114b

Workshop Title: American History in the Twentieth Century

Workshop Description: Some historians have called the 20th century the American Century. This course will explore key events of that era including the transformative presidency of Teddy Roosevelt, American participation in WW I, the Great Depression, FDR's administration and WW II, the Fabulous Fifties, the Cold War, the Reagan Years, and the Go-Go Nineties.

Workshop Leader: martin h levinson

Day: Wednesday
Time: 10:15 AM-11:30 AM
Location: Student Activities Center, Room 306

Workshop Title: Business of Sports

Workshop Description: New York's 9 major sports teams haven't produced a champion in nearly a decade. With the billions flowing through every major sport today, one can only wonder what's wrong with this picture? Join other OLLI sports lovers in exploring their players, salaries, management, owners, ticket prices and diehard fan base. You'll have a chance to get up close and personal with some of Newsday's top sportswriters, SBU coaches and other leading people in the field. We'll also enjoy spirited discussions weekly analyzing the ever-changing fortunes of your favorite teams. Current and vintage sports DVDs will enable us to better appreciate some of the greatest sports legends in history. If you have a passion for sports, you should join us!

Workshop Leader: Jeff Hollander

Day: Wednesday
Time: 10:15 AM - 11:30 AM
Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Tragic Theater

Workshop Description: In this workshop we will discuss in depth two of Shakespeare's greatest plays, King Lear and Macbeth. The focus will be on both the language and the meaning that Shakespeare intended.

Workshop Leader: Arthur Bernstein

Day: Wednesday
Time: 10:15 AM - 11:30 AM
Location: Social & Behavioral Sciences Building, Room N109

Workshop Title: Wellness and Aging

Workshop Description: This is a continuation of a workshop that has been given before. Topics related to Aging, Nutrition, Physical Activity, Mental Activity, and Stress reduction will be presented using material from the Great Course and the internet. Guest speakers will also be invited to present to the workshop.

Workshop Leader: Lou DOnofrio

Day: Wednesday
Time: 10:15 AM - 11:30 AM
Location: Student Activities Center, Room 302

Workshop Title: Art of the Short story

Workshop Description: "Short stories are a challenging and compelling literary form. Join our lively supportive group as we consider context and craft in discussions led by class members. For the first meeting, a short-short story will be provided for reading and discussion. Each week after, two stories from a short story anthology will be discussed. Books will be available for purchase in class."

Workshop Leader: Ingeborg Kelly

Day: Wednesday
Time: 12:00 PM-1:15 PM
Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: Breathing Meditation Techniques

Workshop Description: Learn to meditate by concentrating on your breath. This will help produce relaxation and having a clear mind. Several different styles of breathing meditation will be discussed, and of course, practiced. Meditate and feel calm, relaxed, eager to start the day, and finally get a good night sleep. All you have to do is breathe!

Workshop Leader: Karen Santoro

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Classical Music: Themes and Variations III

Workshop Description: We will continue to explore the glorious age of classical music from the late eighteenth to the early twentieth centuries, in a way that is accessible to everyone, with or without musical training. We will focus on a series of themes: musical forms such as the symphony and the concerto, the lives and loves of the great composers, musical fashions from romanticism to modernism, the role of women in classical music, and the relationships between music and nature, history, art, mythology, literature and poetry.

Workshop Leader: David Bouchier

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Wang Lecture Hall 1

Workshop Title: Digesting a Good Book

Workshop Description: "Read a book. Have a lively discussion with other OLLI members in a friendly atmosphere. Examine the style and quality of the writing, the characters, the plot, the themes/problems explored and consider the what-ifs, hows and whys as well. Members select the works of fiction or non-fiction to be "digested." Please read Fly Girls: How Five Women Defied All Odds and made Aviation History By Keith O'Brien for the first session.

Workshop Leader: Dana Geils

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N 114b

Workshop Title: Shakespeare's Greatest Hits, Part 2

Workshop Description: If you want to answer all the Shakespeare clues on Jeopardy, or if you don't want to feel left out at a dinner party when someone brings up a Shakespeare play, this course is for you. We will focus on the greatest plays: Julius Caesar, Richard III, The Tempest, Much Ado About Nothing, The Taming of the Shrew, and The Winter's Tale. Participants will not be expected to read the plays, though a digital copy of the plays will be supplied. I will also suggest available videos. Each week we will look at what's going on in the play and examine key scenes and speeches through video examples.

Workshop Leader: Michael & Fran LoMonico

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: The Cold War

Workshop Description: Because the conflict that we call the Cold War never reached the point of violence between the major players, it was largely through symbolic and rhetorical acts and statements. This workshop traces the evolution of the conflict through analysis of major events

and political speeches and through film. Our focus begins in 1946 with Churchill's "Iron Curtain" speech and continues through the statements of Reagan and Gorbachev in the late eighties.

Workshop Leader: Frank Myers

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: The Mystery Novel as Literature

Workshop Description: Using PowerPoint presentations plus movies and TV productions, we will continue our examination of this appealing branch of literature with several works including police procedurals, detective stories, crime thriller, forensics and true crime. We will include popular authors and a few who are less well-known.

Workshop Leader: Tasha Greenberg & Diane Fischer

Day: Wednesday

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: A Guide to Rational Living

Workshop Description: We are upset not by things, but by the views we take of them. Based on the book of the same name by Albert Ellis, Ph.D. and Robert Harper, Ph.D., this workshop will help participants learn to be happier, or at least less unhappy in their day-to-day lives. As we did in the past, we will use episodes of "Everybody Loves Raymond" to illustrate the points. Books will be made available at the reduced price of \$10, as they are purchased wholesale from the publisher.

Workshop Leader: Jeffrey Kochnower

Day: Wednesday

Time: 1:45 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Catskills

Workshop Description: The "Borscht Belt" Catskills are alive and well in our workshop! We'll share our fondest memories while on a nostalgic trip revisiting our favorite resort hotels. They were the breeding grounds for America's greatest comedians. A steady stream of "Mr. Saturday Nights" headlined their storied night clubs. Weekly sessions will highlight Freddie Roman, Mal Z Lawrence, Robert Klein, Jackie Mason, Don Rickles and Jerry Seinfeld who made us laugh at Grossinger's, the Concord & Raleigh, Kutsher's, Brown's and many others. Join your friends for another semester of reminiscing.

Workshop Leader: Jeff Hollander

Day: Wednesday

Time: 1:45 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Gandhi: His Life and Legacy

Workshop Description: Gandhi: His Life and Legacy. Gandhi, writing about himself in 1934, said: "I make no hobgoblin of consistency. If I am true to myself from moment to moment, I do not mind all the inconsistencies that may be flung to my face." Albert Einstein, writing about Gandhi in 1944, said: "Generations to come, it may be, will scarce believe that such a one as this even in flesh and blood walked upon this earth." Through a sampling of both autobiographical and biographical selections - including Richard Attenborough's classic movie "Gandhi," the workshop will explore the life and legacy of Mahatma Gandhi.

Workshop Leader: Narayan Hegde
Day: Wednesday
Time: 1:45 PM - 3:00 PM
Location: Student Activities Center, Room 306

Workshop Title: Joy of Writing
Workshop Description: Participants will bring brief (1-3 pages) samples of original writing for discussion and critique (constructive suggestions in a friendly and supportive atmosphere).
Workshop Leader: John Williams & Mark Prendogast
Day: Wednesday
Time: 1:45 PM - 3:00 PM
Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: The Paleo Perspective
Workshop Description: "Is there a "Caveman" buried deep inside each of us-one that we refuse to recognize? Do we have Paleolithic instincts and urgings? How much of our behavior is a vestige from our hunter-gatherer past?The Paleo Perspective explores the "plight of prehistoric man in modern times."
Workshop Leader: Bob Decostanzo
Day: Wednesday
Time: 1:45 PM - 3:00 PM
Location: Student Activities Center, Room 305

Workshop Title: Topics in Philosophy
Workshop Description: "This fall semester I want to focus on biomedical ethics. We would cover issues such as euthanasia, abortion, birth control, artificial means of reproduction, and medical experiments on humans and animals. The meetings would consist of lecture and discussion, and reading would be from the instructor's handouts and assignments on the web (all readings would be optional)."
Workshop Leader: Natika Newton
Day: Wednesday
Time: 1:45 PM - 3:00 PM
Location: Social & Behavioral Sciences Building, Room N112

Workshop Title: Victorian Novels
Workshop Description: The Victorian age was marked by contending forces and ideas, scientific discovery, evangelical ardor and morality, social injustice, rampant industrial laissez-faire abuses, and idiosyncratic vestiges of Romanticism. The novelists we shall read reveal, through their conflicted characters, the hypocrisy and turbulence of the time. The books for the Fall 2019 semester will be: TBA
Workshop Leader: Carl Siegel
Day: Wednesday
Time: 1:45 PM - 3:00 PM
Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Mysteries of Human Evolution
Workshop Description: This adventure of the mind will be focused on the what and why of human evolution from a scientific perspective. Explained will be the reasons we look, think, and behave the

way we do from an evolutionary perspective. Will also cover the principles and rules that drive evolution and examine popular questions such as: Why we walk upright; why our brains became so large; and why we lost our body hair. Other mysteries to be explained include why women have higher voices than men and why we like music.

Workshop Leader: David Tarbell

Day: Wednesday

Time: 3:30 PM - 4:45PM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Philosophy in Literature

Workshop Description: A basic introduction to philosophy workshop that addresses issues and problems of philosophy through examination of novels and short stories. Themes may include ethics and moral philosophy, social responsibility, personal identity, meaning of life, God and religion among others. Reading list may include works by Albert Camus, John Steinbeck, Franz Kafka, Charles Johnson, Toni Morrison, Jamaica Kincaid, J.M. Coetzee, sources which participants will need to acquire for use during the semester.

Workshop Leader: Richard E. Hart

Day: Wednesday

Time: 3:30 PM - 4:45 PM

Location: Social & Behavioral Sciences Building, Room N112

THURSDAY WORKSHOPS:

Workshop Title: Line Dancing

Workshop Description: Line dancing for fitness and fun. New dances will be taught, and old ones reviewed. We dance to Country-Western, Motown Broadway and international songs. Line Dancing improves your body and mind, Including balance and agility.

Workshop Leader: Marvin Karmen

Day: Thursday

Time: 11:00 AM - 12:30 PM

Location: Setauket Neighborhood House

Workshop Title: Advanced Competitive Bridge

Workshop Description: This workshop is an advanced class. Thus, the participants should have a working knowledge of several of the most common bridge conventions such as 2/1, 1 NT forcing, Stayman, Jacoby transfers, cue bids, Jacoby 2 NT, new minor forcing, etc.

Workshop Leader: Jothi L Curcio

Day: Thursday

Time: 12:30 PM - 4:00 PM

Location: Setauket Neighborhood House

FRIDAY WORKSHOPS:

Workshop Title: Adventures in Art and Photography

Workshop Description: Workshop members will submit their work for discussion by the group with emphasis on composition and gearing the work to it's intended audience., All skill levels welcome.

Workshop Leader: Robert Oliva & Eric Lohse

Day: Fridays

Time: 8:30 AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: An Early History of Long Island Aviation

Workshop Description: Long Island has a rich and interesting history of aviation. We will explore that history from the 1880s through the 1940s. We will delve into how and why Long Island played such a prominent role in aviation in that time period. We will discover who the early pioneers were and later who the outstanding players were, what records were set and broken, what historical events took place, what role woman played and how Long Island grew to play such an outstanding and prominent role in aviation history.

Workshop Leader: John Gobler

Day: Fridays

Time: 8:30 AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Photoshop 101-102

Workshop Description: "Photoshop is a program for photographers who strive to create artistic photos. In this year-long course, you will learn to make both global and selective changes to your photos through the magic of layers. From the basics of cloning, healing, and artistic cropping, to replacing skies, combining photos, collaging, black and white conversions, to printing, this class will teach Photoshop techniques through both demonstration and multiple hands-on opportunities.

Requirements: knowledge of computers, and a current version of Photoshop."

Workshop Leader: Jan Golden

Day: Fridays

Time: 8:30 AM - 9:45 AM

Location: Social & Behavioral Sciences Building, Room N123

Workshop Title: Tai Chi

Workshop Description: Although especially great for arthritis, Tai Chi for Arthritis is an evidence-based falls prevention program that uses the principles and movements of Tai Chi in helping senior citizens improve their balance and increase their confidence in doing everyday activities. Tai Chi classes are led by a trained and certified instructor, the class meets twice a week, 60-minute sessions, for 8 weeks. This session meets from 9:00 a.m. - 10:00 a.m. Participants must be committed to attending at least 12 of the 16 class sessions, but attendance at all 16 classes is preferred. Attendance during week one is mandatory for participation due to safety reasons. This program is offered through Stony Brook Trauma Center on behalf of the NYS Department of Health Older Adult Fall Prevention Program.

Workshop Leader: Kristi Ladowski

Day: Wednesday & Friday

Time: 9:00 AM - 10:00 AM

Location: TBD

Workshop Title: Memoir Writing

Workshop Description: This semester will continue to explore the Italian language and culture. Utilizing previous lessons, we will focus on active conversational Italian through the use of

current events and cultural topics. Relevant vocabulary and grammar will be presented in a "flip lesson" format to encourage student participation.

Workshop Leader: Dorothy Shannon & Sheila Bieber

Day: Fridays

Time: 9:00 AM - 11:30 AM

Location: Wang Lecture Hall, Room 301

Workshop Title: Watercolor Studio

Workshop Description: This Workshop is for people who have had previous experience with water-based painting and can work independently. We begin each session with a positive critique of any work that members choose. We continue to exchange ideas during the painting session. Member demonstrations are encouraged.

Workshop Leader: Dorothy Sterrett

Day: Fridays

Time: 9:30 AM - 11:00 AM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Advanced Creative Photography

Workshop Description: Workshop members will submit their work for discussion by the group with emphasis on composition and gearing the work to its intended audience., All skill levels welcome.

Workshop Leader: Doris Diamond & Germaine Hodges & Sheila Burke-Grey

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: Am I My Father's Son?

Workshop Description: The objective of "Am I My Father's Son?" is men sharing their feelings about personal experiences with family, friends, work and other matters that generate significant feelings affecting men, sometimes either good or bad. The experiences are chosen by the workshop members. Participants are expected to be non-judgmental and supportive. Each member is considered an equal participant in a non-threatening environment. Members take turns as moderator. This workshop is designed explicitly for men but, as with all workshops of the Osher Lifelong Learning Institute (OLLI) at Stony Brook University, it is open to all members

Workshop Leader: Kenneth Buxbaum

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Wang Lecture Hall, Room 102

Workshop Title: Jewish Authors

Workshop Description: A year-long course on Jewish authors, starting with those who wrote in Yiddish both in Eastern Europe in the 19th century and as immigrants in the USA in the early 20th century, then continuing with American Jewish authors writing in English starting in the early 20th century and concluding with those American Jewish authors writing throughout the rest of the 20th century and into the early 21st century.

Workshop Leader: Sher David & Sher Knishkowsky

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Living with Integrity

Workshop Description: "HOW DO YOU DECIDE... There comes a time when we're forced to choose between conflicting responsibilities or to make ethical compromises for good reasons. How do we decide what is right, and more importantly, what is right for us in our unique situation? Packed with real-life scenarios, Living with Integrity challenges you to voice your opinion while providing practical wisdom to help you navigate skillfully through life's inevitable ethical challenges. This course will not only provide you with tools to make the right decisions, but it will also enhance your interaction with family and friends. Optional: Book fee \$28. [Please follow this link to see one of the issues that will be addressed in this workshop.](#)

Workshop Leader: Shalom Cohen

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: Science of Natural Healing

Workshop Description: Explore holistic approaches to health care and discover many natural-based treatments and methods that are both clinically proven and readily available to you. The Great Course DVD by Professor Mimi Guarneri, M.D. FACC Scripps Center for Integrative Medicine will be Integrated into this class. (Activities applying the Lectures of natural healing, such as Breathing, Chair exercise, Stretching, and stress reduction will be included in each class.)

Workshop Leader: Wayne Snell

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Social & Behavioral Sciences Building, Room N119

Workshop Title: The History of Cinema

Workshop Description: We shall continue to examine significant events and achievements in the History of Cinema. Films are examined from the viewpoints of historic events and prevailing attitudes and cultures during the times of their production.

Workshop Leader: Merrill Heit

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Wang Lecture Hall, Room 2

Workshop Title: World war 1

Workshop Description: World war 1 will be discussed in all its aspects

Workshop Leader: Paul Knel

Day: Fridays

Time: 10:15 AM - 11:30 AM

Location: Wang Lecture Hall, Room 1

Workshop Title: ON1 2019 Friday

Workshop Description: In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw 2019. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the first term of a two-semester workshop and will start at the basics with attendees utilizing desktop computers for hands-on experience from 11:45 to 1:30 PM.

Workshop Leader: Robert Oliva

Day: Fridays
Time: 11:45 AM - 1:30 PM
Location: Social & Behavioral Sciences Building, Room N123

Workshop Title: 18-20> [Road to the White House]
Workshop Description: Have we been made GREAT again? Are we GREATFUL with the direction of American politics here & abroad? Have we DEGREATED in the eyes of our allies? 206 Democrats have announced they're running for the presidency; We'll join them on this 3-semester road to the white house.
Workshop Leader: Ken Geils
Day: Fridays
Time: 12:00 PM - 1:15 PM
Location: Wang Lecture Hall, Room 2

Workshop Title: British Literature: Satire
Workshop Description: This course will explore the satirist's art, beginning with excerpts from Chaucer and Shakespeare, then focusing on Swift's masterpiece, Gulliver's Travels, followed by Waugh's Decline and Fall.
Workshop Leader: Anita Edwards
Day: Fridays
Time: 12:00 PM - 1:15 PM
Location: Social & Behavioral Sciences Building, Room S102

Workshop Title: Figure Drawing
Workshop Description: This Workshop is a Studio Co-operative. Drawing from a live model, we will learn to observe and interpret the figure in gesture drawings and long poses. Critiques are most useful in achieving our goals. Supplies include spiral edge drawing pads, a variety of pencils, blending stumps, and a kneaded eraser. Optional are watercolor pencils, pastels, and Bristol board.
Workshop Leader: Wilkins, Natalie
Day: Fridays
Time: 12:00 PM - 2:15 PM
Location: Social & Behavioral Sciences Building, Room S104

Workshop Title: Op-Ed
Workshop Description: Op-Ed provides you the opportunity to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for lively discussion by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may want to sit and listen as everyone gets a chance, face-to-face, to voice his or her opinion on the subject.
Workshop Leader: Kenneth Buxbaum
Day: Fridays
Time: 12:00 PM - 1:15 PM
Location: Wang Lecture Hall, Room 1

Workshop Title: Poetry Workshop
Workshop Description: Participants bring in their poems to be read and new possibilities for their writing will be explored.

Workshop Leader: Geri Kaplan

Day: Fridays

Time: 12:00 PM - 1:15 PM

Location: Social & Behavioral Sciences Building, Room N114A

Workshop Title: Stained Glass Workshop

Workshop Description: This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a cooperative learning environment where members help one another to improve their techniques, sharing ideas, and suggestions

Workshop Leader: Tina Sznitken & Diane Streuli & Susan Vlahakis

Day: Fridays

Time: 12:00 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room S109

Workshop Title: Physics for Citizens,

Workshop Description: Many high-profile issues today are best understood if you have some basic scientific background. This workshop will help build your physics background in a number of areas and apply that knowledge to a variety of issues, some of which intersect with politics. There will be an opportunity for the class to suggest topics to discuss. Both leaders are physicists, and each has experience at communicating science to non-experts without mathematics beyond high school algebra.

Workshop Leader: Gene Sprouse & Peter Bond

Day: Fridays

Time: 1:45 PM - 3:00 PM

Location: Wang Lecture Hall, Room 1

Workshop Title: The Press on Film

Workshop Description: Explore the world and work of reporters, editors and visual journalists through the medium of film. Each session will feature a full-length movie or documentary about journalism accompanied by an in-depth discussion of issues and journalistic practices depicted in the film. The workshop leader is a veteran newspaper reporter, editor, columnist and journalism professor.

Workshop Leader: Mark Prendergast

Day: Fridays

Time: 1:45 PM - 4:45 PM

Location: Wang Lecture Hall, Room 2

Workshop Title: A Celebration of Rock and Soul Music

Workshop Description: Celebration of Rock and Soul Music In this course we will enjoy DVDs of Rock and Soul Music's greatest artists and groups. We will view some of their finest contributions. Also, we will explore their early, formative years to better understand how they developed their musical craft. Our class is interactive. Class participation is most welcome. Your thoughts and experiences about this era add to our appreciation of the music. I hope to have one or two guest speakers to lend their expertise of the artists we follow.

Workshop Leader: Robert Hayes

Day: Fridays

Time: 1:45 PM - 3:00 PM

Location: Social & Behavioral Sciences Building, Room N119